

## Healthy IEQ and energy efficiency

*Ideas and concepts from  
research and reality*

Lars Ekberg

## Examples of IEQ factors



Illustration: SP The Swedish Technical Research Institute

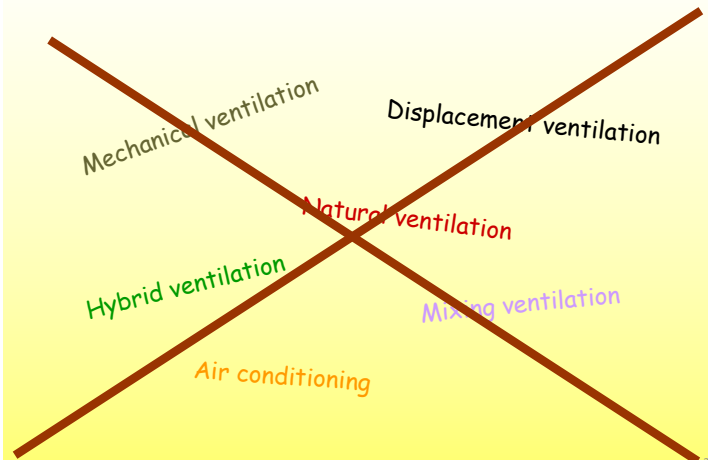
### Thermal climate

- operative temp.
- surface temp.
- air movements
- ...

### Air Quality

- formaldehyde
- nitrogen dioxide
- particles
- ...

## What type of system is the best ?



## What type of system is the best ?

A system suited for its purpose

Designed with respect to the building, the activities and the requirements

Correctly dimensioned and designed with respect to service och maintenance

Designed so that it does not cause disturbance (draught and noise)

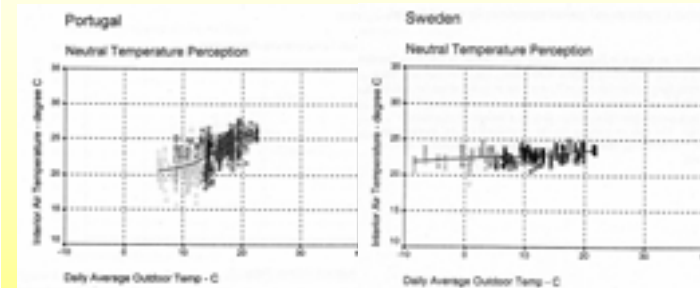
## Indoor Environment Guidelines

- Thermal Climate (EN ISO 7730)
  - Desired operative temperature, air velocity etc.
  - PMV & PPD indices
- Indoor Air Quality (EN 15251, WHO, ISIAQ...)
  - Mainly specification of airflow rates required
  - Limited guidelines regarding specific air pollutants

## Thermal climate

Portugese offices

Swedish offices

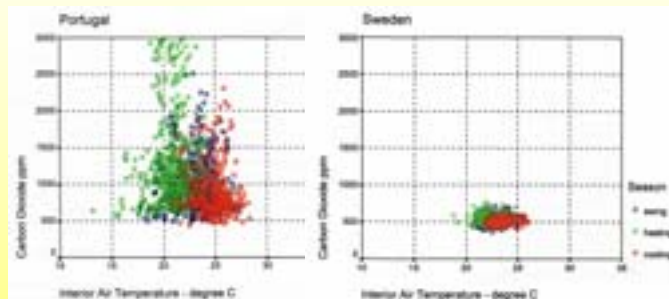


Reference: Stoops, J. (2001)

## Air Quality – CO<sub>2</sub>

Portugese offices

Swedish offices

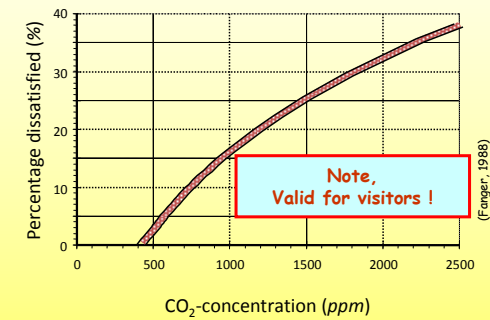


Your experiences ?

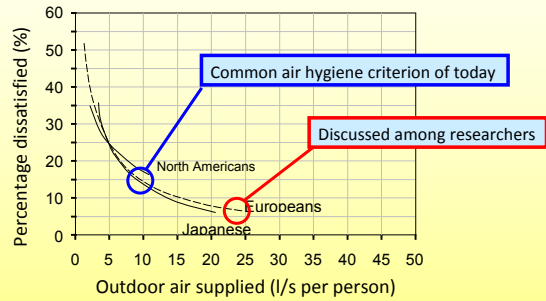
Reference: Stoops, J. (2001)

## The CO<sub>2</sub> requirement

CO<sub>2</sub> - indicator for the perception of pollutants from people



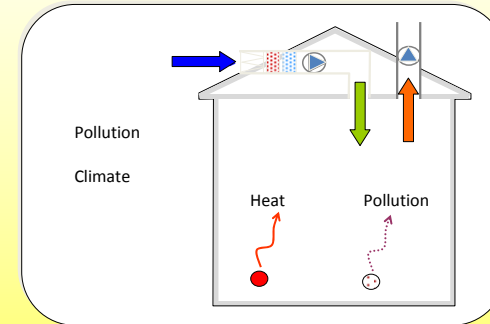
## The CO<sub>2</sub> requirement



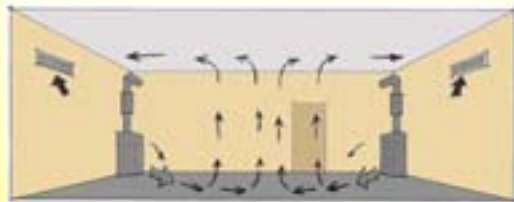
...and the technical solution

## To make the technical solution work...

### The air distribution system



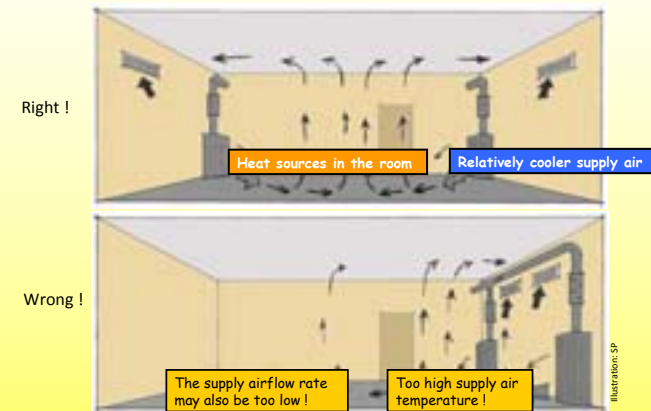
## How to ensure efficient ventilation?



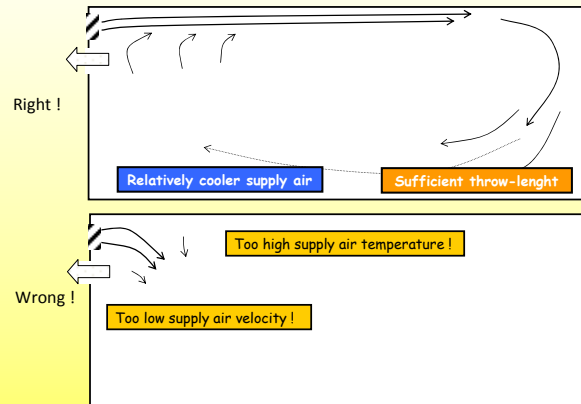
- Correct placement of air terminal units
- Appropriate supply air temperature
- Correct adjustment of the throw length
- Sufficient airflow rates

Two main principles – displacement and mixing ventilation...

## Displacement ventilation

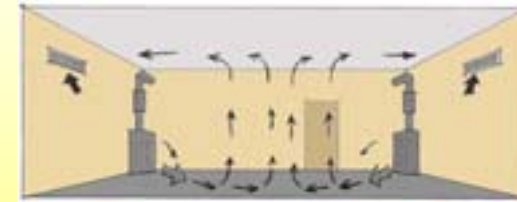


## Mixing ventilation



## Risk of annoyance !

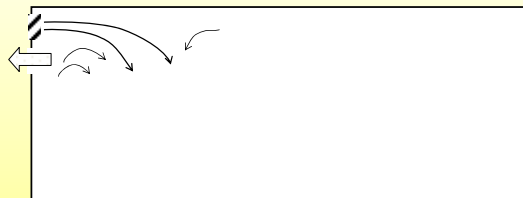
### Displacement ventilation



- Cold air and air movements close to the air terminal unit
- Always high risk of draught within about 1-2 m

## Risk of annoyance !

### Mixing ventilation



- "Downdraught" if supply air velocity is too low
- Risk of draught if incorrect design or operation

## The room air distribution can be checked by tracer gas measurements

- Air change efficiency
- Ventilation efficiency
- Local air change index
- Local air quality index
- .....

*Caution ! This may be time consuming and expensive !*

## The air change efficiency, $\epsilon_a$

- Mixing ventilation

$$\epsilon \approx 0.45$$

- Displacement ventilation

$$\epsilon \approx 0.65$$

- "Piston flow"

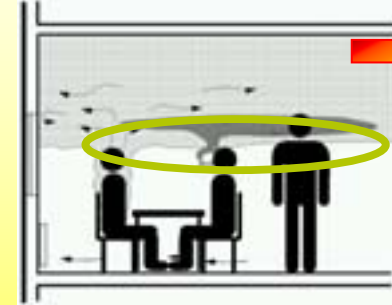
$$\epsilon \approx 1.0$$

*40 % higher efficiency with displacement ventilation?*

## Ventilation effectiveness

Local ventilation index

Contaminant removal effectiveness



$$\frac{C_{\text{exhaust}}}{C_{\text{breath}}}$$

Illustration: Skistad

## Ventilation effectiveness

Local ventilation index

Contaminant removal effectiveness

When cooling

Mixing ventilation

0.9-1.0

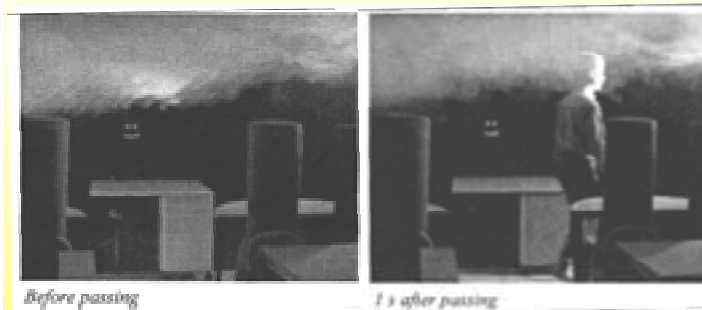
Displacement ventilation

1.2-1.4

Reference: CEN CR 1752

*40 % higher efficiency with displacement ventilation?*

## The Stratification

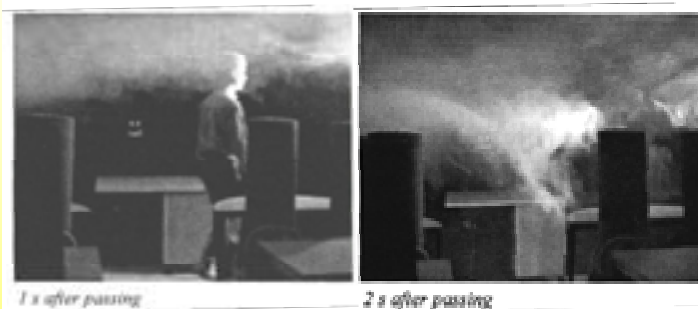


Supply airflow rate 8 l/s per person

Walking speed 0.7 m/s

Reference: Mattsson, M. (1999)

## People moving



Supply airflow rate 8 l/s per person

Walking speed 1.3 m/s

Reference: Mattsson, M. (1999)

21

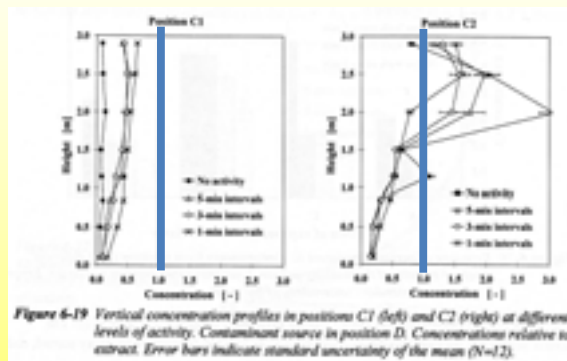
## Classroom experiments



Reference: Mattsson, M. (1999)

22

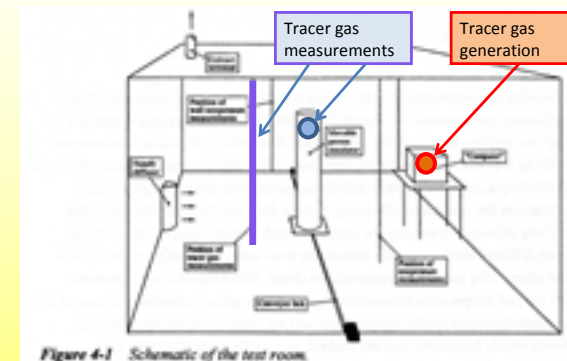
## The classroom IAQ



Reference: Mattsson, M. (1999)

23

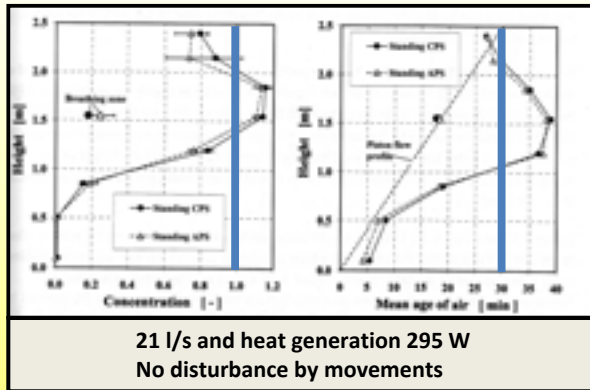
## A simulated office



Reference: Mattsson, M. (1999)

24

## The office IAQ

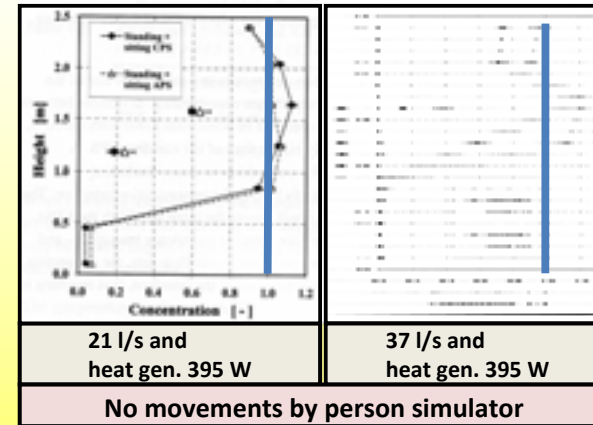


21 l/s and heat generation 295 W  
No disturbance by movements

Reference: Mattsson, M. (1999)

25

## The office IAQ



21 l/s and heat gen. 395 W

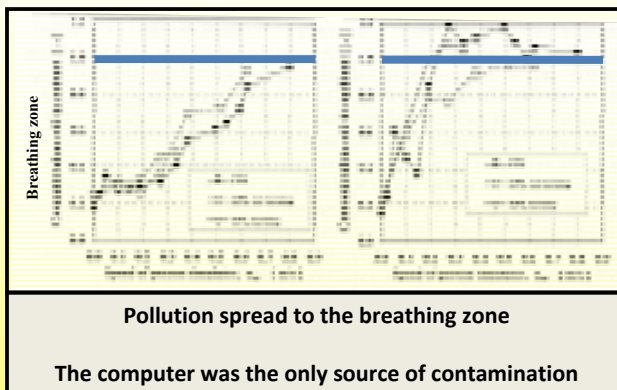
37 l/s and heat gen. 395 W

No movements by person simulator

Reference: Mattsson, M. (1999)

26

## People moving in the office



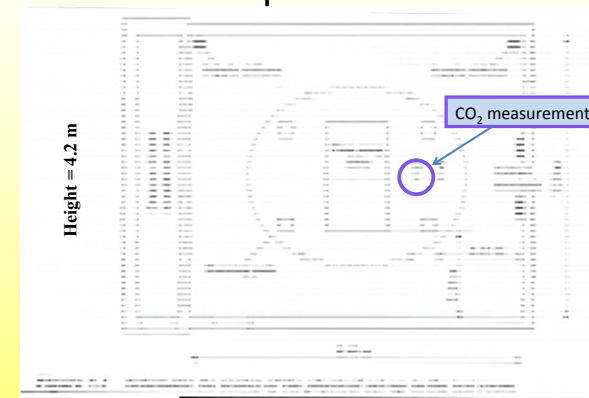
Pollution spread to the breathing zone

The computer was the only source of contamination

Reference: Mattsson, M. (1999)

27

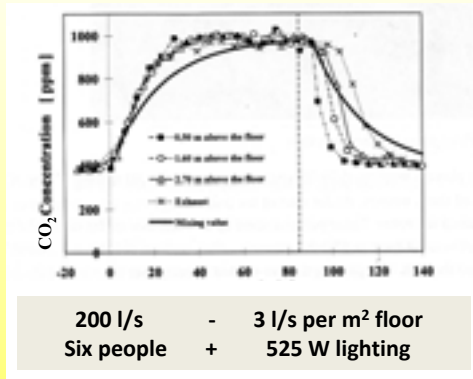
## A sportshall



Reference: Matson, M. (1999)

28

## The sportshall IAQ



Reference: Matson, M. (1999)

The examples indicate that displacement ventilation works:

- without disturbance from movements
- if the supply airflow rate is high enough

### Typical applications are found in the industry

- High rooms
- Large airflows required for removal of

heat

... and that displacement ventilation does not work:

- If the supply airflow rate is too low...
- ...even with moderate disturbances

Why not displacement in offices?

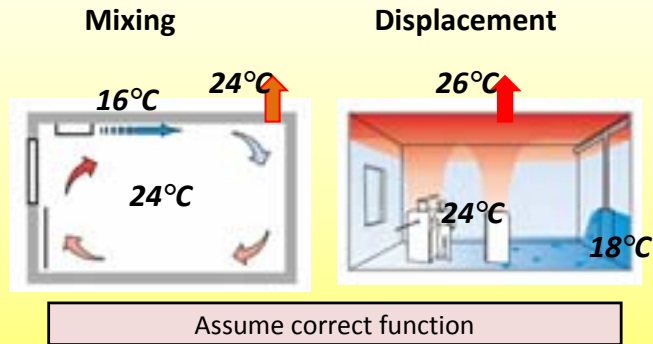
- Major risk of discomfort due to draught
- Reduced useable floor area
- Because it may need 3-4 times higher airflow rate than required for air hygiene

- Displacement ventilation requires 30-40 l/s per person
- Air hygiene requirement is about 10 l/s per person

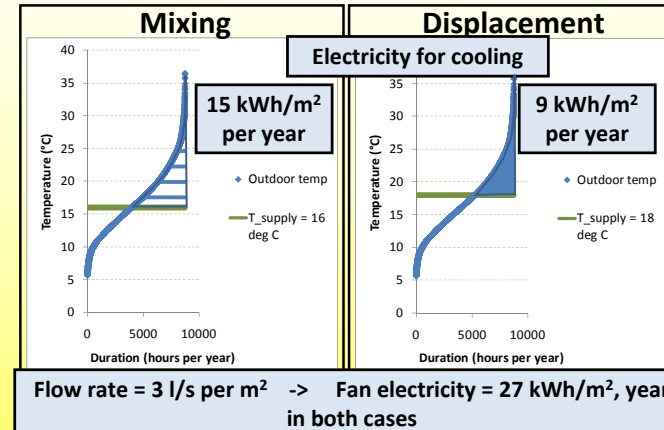


## The energy aspect

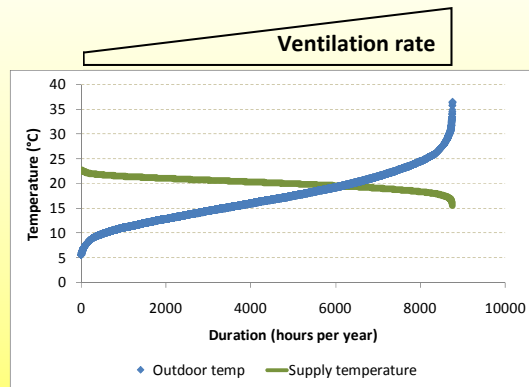
-Some calculated examples



## Energy for air handling

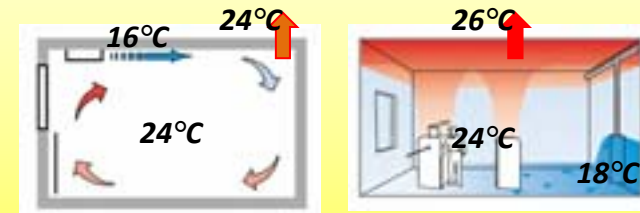


If we add demand control:



Demand control

Min flow rate	Max flow rate	t <sub>sup</sub>	t <sub>room</sub>	t <sub>exh</sub>	Electricity (kWh/m <sup>2</sup> per y)		
					Fans	Cooling	Total
1 l/s, m <sup>2</sup>	3 l/s, m <sup>2</sup>	16°C	24°C	24°C	16	16	32
<del>1 l/s, m<sup>2</sup></del>	<del>3 l/s, m<sup>2</sup></del>	<del>18°C</del>	<del>24°C</del>	<del>26°C</del>	<del>16</del>	<del>9</del>	<del>25</del>
2 l/s, m <sup>2</sup>	3 l/s, m <sup>2</sup>	18°C	24°C	26°C	22	9	31
3 l/s, m <sup>2</sup>	3 l/s, m <sup>2</sup>	18°C	24°C	26°C	27	9	36



## Further examples

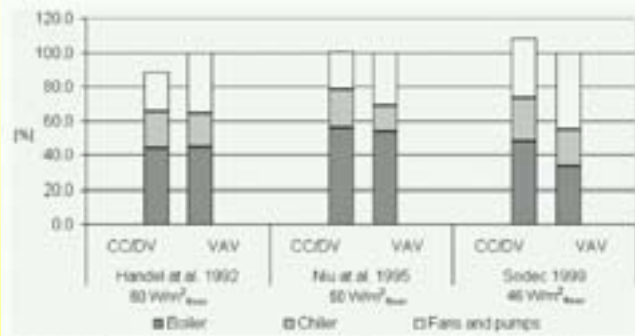


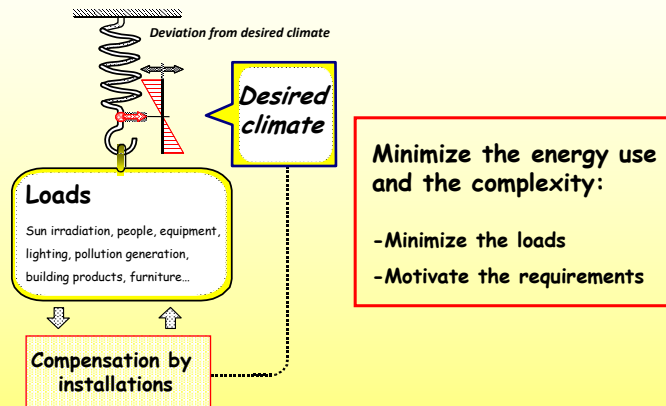
Fig. 2. The comparison of the energy consumption for the combined CCIDV and VAV system.

Source: Novoselac and Srebric (2001)

## Literature

- Im, P. (2005) Literature review on underfloor air distribution (UFAD) system, Energy Systems Laboratory, Texas A&M University System
- Mattsson, M. (1999) On the efficiency of displacement ventilation – with particular reference to the influence of human activity, Royal Institute of Technology, Stockholm
- Novoselac and Srebric (2001) A critical review on the performance and design of combined cooled ceiling and displacement ventilation systems, Energy and Buildings, 34, 497-509
- Matsumoto, H. and Ohba, Y. (2004) The influence of a moving object on air distribution in displacement ventilated rooms, Jour. Asian Architecture and Bldg Eng.
- Fitzner, K. (1996) Displacement ventilation and cooled ceilings, Results of laboratory tests and practical installations, Proceedings of the Conference Indoor Air '96, Nagoya
- Lau, J. and Chen, Q. (2006) Energy analysis for workshops with floor-supply displacement ventilation under the U.S. climates, Energy and Buildings, 38, 1212-1219
- Kim, I.G., Homma, H. (1992) Distribution and ventilation efficiency of CO<sub>2</sub> produced by occupants in upward and downward ventilated rooms. ASHRAE Technical Data Bulletin, Vol. 8, No. 2.
- Mattsson, M. (2002) Vertical distribution of occupant-generated particles in a room with displacement ventilation, Proceedings of the Indoor Air 2002 Conference, Vol. 1, pp 509-514, Monterey, California
- Nielsen, P.V. (1993) Displacement Ventilation – Theory and design, Dept. Of Building Technology and Structural Engineering, Aalborg University, Denmark
- REHVA Design Guidebook No. 1, Displacement Ventilation in non-industrial Premises, 2<sup>nd</sup> edition, 2002, Federation of European HVAC Assoc

## Healthy IEQ and energy efficiency

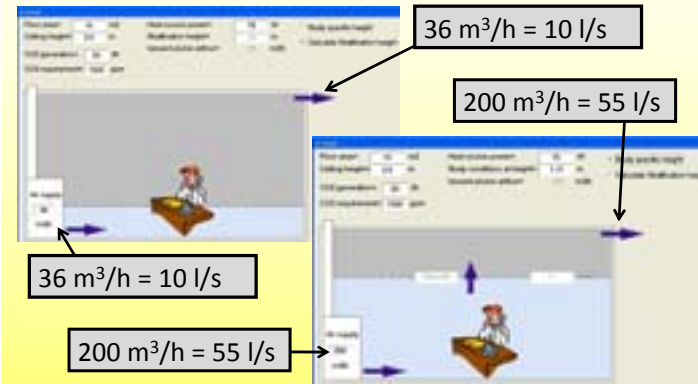


# Thank you !

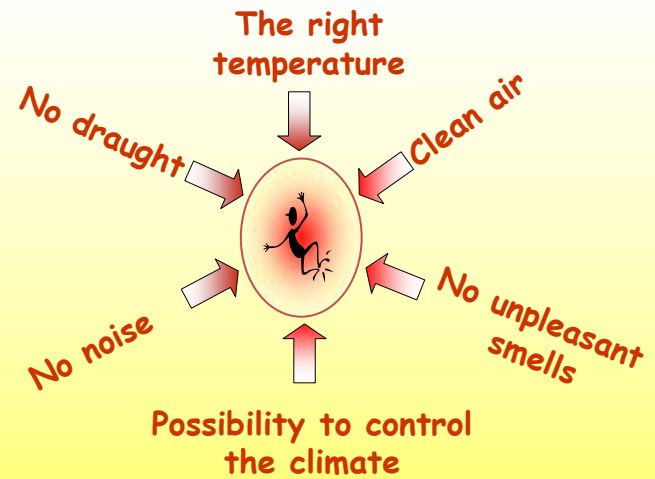
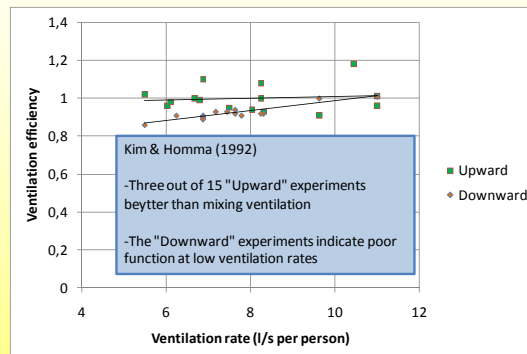
[lars.ekberg@cit.chalmers.se](mailto:lars.ekberg@cit.chalmers.se)

# Extra material

The supply airflow rate will match the thermal plume



## Experiments by Kim & Homma 1992



## Air change rates (ACH = air changes per hour)

### Control of air quality by removal of air pollutants

Residential buildings	0.5-1 ACH
Office rooms with hydronic cooling	1.5-2 ACH
Operating theatres in hospitals	17-30 ACH
Clean rooms	>200 ACH

### Control of temperature by removal of heat surplus

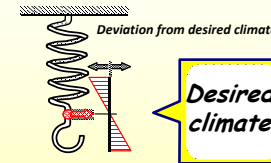
Office rooms with an all air system	3-6 ACH
Supermarkets, department stores	6-10 ACH
Auditoriums, lecture rooms, theatres	5-12 ACH

### Compensation of air exhaust required for safety ventilation, "process air flows"

Laboratory rooms with fume hoods	15-30 ACH
Restaurant kitchens	10-20 ACH

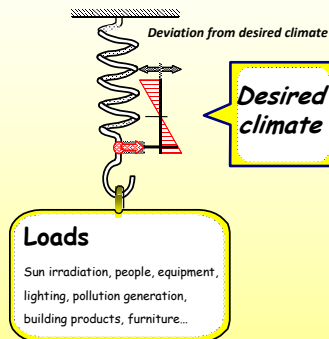
45

## How the indoor climate occurs



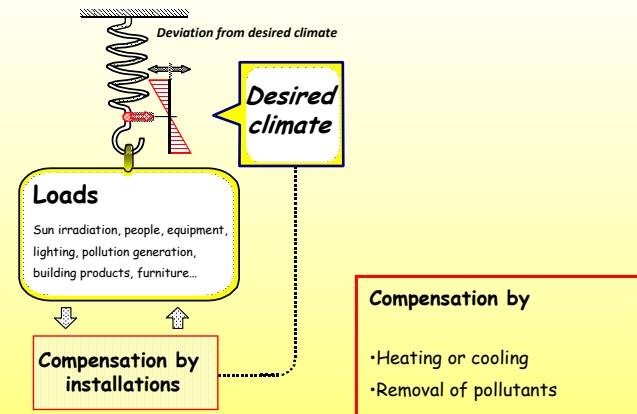
46

## How the indoor climate occurs



47

## How the indoor climate occurs



48

## How the indoor climate occurs

